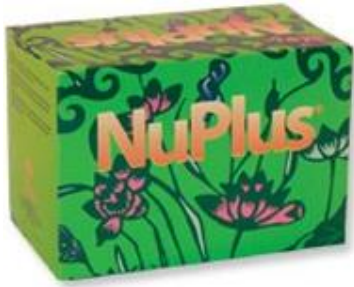


# “Sunergy - THE BASIC FIVE”

## Sunrider’s Philosophy of “Regeneration”



### **N** – Nourish with **NuPlus (and Vitashake):**

For nourishment for all your cells, NuPlus is a balanced whole food concentrate that energizes and helps reduce unhealthy cravings. NuPlus is enzyme rich, complex carbohydrate food that fills in the gaps that regular meals do not satisfy. Also great for “Energy”. Vitashake and Sunbars are also incredible for nourishing the cells and energy.



### **B** – Balance with **Quinary:**

For the five major systems: 50 concentrated foods designed to nourish the digestive, circulatory, immune, respiratory and endocrine systems, and to keep the energy balanced between the five.



### **C** – Cleanse with **Calli & Fortune Delight:**

**Calli** – A great replacement for coffee or regular tea. This whole food beverage with unique herbal extracts assists in the body’s natural cleansing processes and reduces unwanted fat and cholesterol in the blood. It is rich in antioxidants and catechins. Calli enhances mental focus.



**Fortune Delight** – Is a great tasting all-natural powdered herbal concentrate beverage that is naturally low in calories and contains no fat, cholesterol, or artificial sweeteners – an excellent replacement for coffee, tea, soft drinks and soda. It helps with digestion and elimination of fats. Fortune Delight is rich in anti-oxidants and provides the body with much energy.



### **Sunectar (Suncare) and SunnyDew (Suncare Plus)**

is a very sweet stevia plant extract with no calories. In many countries it is used instead of sugar. Stevia is an excellent supplement to your diet to help maintain normal blood sugar levels – food for pancreas and adrenal.

Sunrider Stevia is all natural stevia leaf liquid extract with chrysanthemum flowers. It makes every Sunrider drink very tasty and will make water taste delicious. *Diana Walker, Sunrider* <http://www.diana1.com>  
<http://www.diana2.com>  
[http://www.diana2.com/free\\_sunrider\\_account.html](http://www.diana2.com/free_sunrider_account.html)



Diana Walker with Sunrider friends Nory, my sister Goldie Denise, and my friend and Sunrider sponsor Trudy Stoelting July 2009 Sunrider Grand Convention, California



Enjoy Your Sunrider Calli Tea!! Regenerate Your Health!

Open Free Sunrider Account Here: [http://www.diana2.com/free\\_sunrider\\_account.html](http://www.diana2.com/free_sunrider_account.html)

**DAILY PROGRAM:**

- 1. NUPLUS – 1 to 3 packages daily (or Vitashake/Sunbars)**
- 2. QUINARY – 3 to 10 capsules daily (or 1 package daily or more)**
- 3. CALLI AND FORTUNE DELIGHT – 1 package of each daily (or more)**
- 4. STEVIA – 10 to 20 drops daily (or more)**

We often use an Analogy of a FIRE. How much water do you need to put out a fire?!!

- ❖ If your body areas needing strengthening are the size of a candle flame or a small fireplace fire, then 1 NuPlus, 3 Quinary capsules and 1 Calli and/or Fortune Delight daily will provide you with results.
- ❖ If your body areas needing strengthening are more the size of a house fire – then you will want to have 3 NuPlus, 10 capsules MINIMUM of Quinary daily and 3 Calli and/or Fortune Delight daily.
- ❖ If your body areas needing strengthening are more the size of a forest fire – then you will want to practically live on NuPlus, Quinary and Calli/Fortune Delight for several months – along with really healthy whole food – and later you can cut back on these amounts.

The above examples include Sunrider Stevia daily.

*This is for information purposes only and is separate from Sunrider International.  
It is not intended as medical advice. As with any medical problem, consult your physician.*

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# NBC

**NOURISH, BALANCE, AND CLEANSE**



In keeping with Chinese tradition and the Philosophy of Regeneration™, daily maintenance of the body with proper nutrition is key to preventing physical malfunction. Dr. Chen created Quinary® as a convenient way to keep the body's five major systems in balance.\* He combined Alpha 20C®, Assimilaid®, Conco™, Lifestream® and Prime Again® into a special, complex formula for Quinary®.

Quinary® supplement helps maintain health rather than waiting for the body to malfunction.

It addresses the body's systems collectively as well as individually. Great to help balance all body systems.

Although it is very difficult to achieve with a formula as complex as this one, our blended herbs are maintained without preservatives or synthetic chemicals.

Eat Quinary® daily to keep your energy up and be balanced anytime of the year!

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